

Socket Seat — Use & Care Guide

A firm, high-density memory foam cushion with twin openings, so your sit bones rest over open space instead of pressing on the chair. Co-designed with an occupational therapist. Deliberately firm — not plush.

PLEASE READ — THIS IS A FIRM CUSHION. The firmness is the mechanism: dense foam holds the openings open under body weight. The adjustment is measured in days — most people acclimate within the first week — and your trial is measured in months. If you want a soft, sink-in pillow, this is not it.

1 · POSITION IT CORRECTLY

- **Mesh side up, openings toward the back.**
The tailbone groove sits at the rear edge, nearest the backrest.
- **Thick edge to the back.** The rear edge — the one with the tailbone groove — is slightly thicker and goes against the backrest. The taper seats the geometry; it does not tilt your pelvis.
- **Sit all the way back** so your sit bones settle over the two openings and your tailbone clears the rear groove.
- **Feel pressure at an opening's edge?** Slide the cushion an inch forward or back — an inch is usually the whole adjustment.
- **Use a firm, flat seat.** A sagging or deeply bolstered seat cancels the geometry.

Wrong orientation is the #1 comfort complaint — reset position before judging fit. It raises you about 2"; lower your chair or check car headroom.

2 · WHAT TO EXPECT

Firm, not plush. Support comes from dense, structured foam that resists sinking in.

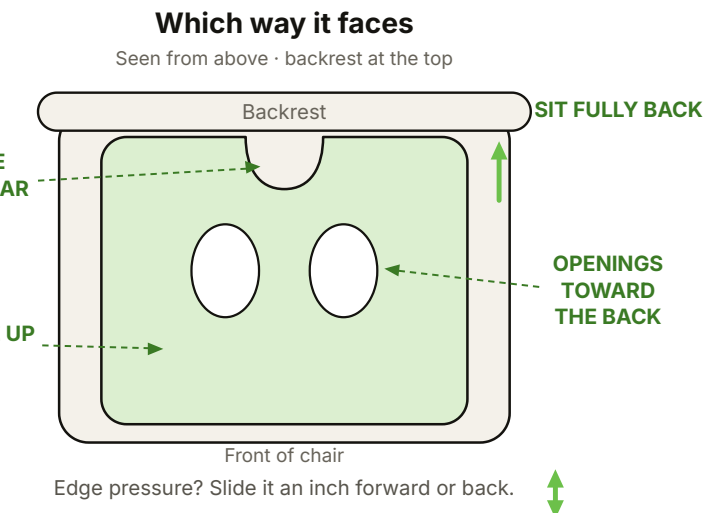
A short adjustment. Give it days, not hours; your body learns to sit into the contours, not on top of them.

Support that lasts. The high-density core holds its shape instead of flattening over months.

Ergonomic support — not a medical device. It changes where pressure lands; it does not treat any condition.

3 · SIZE, FIT & SPECIFICATIONS

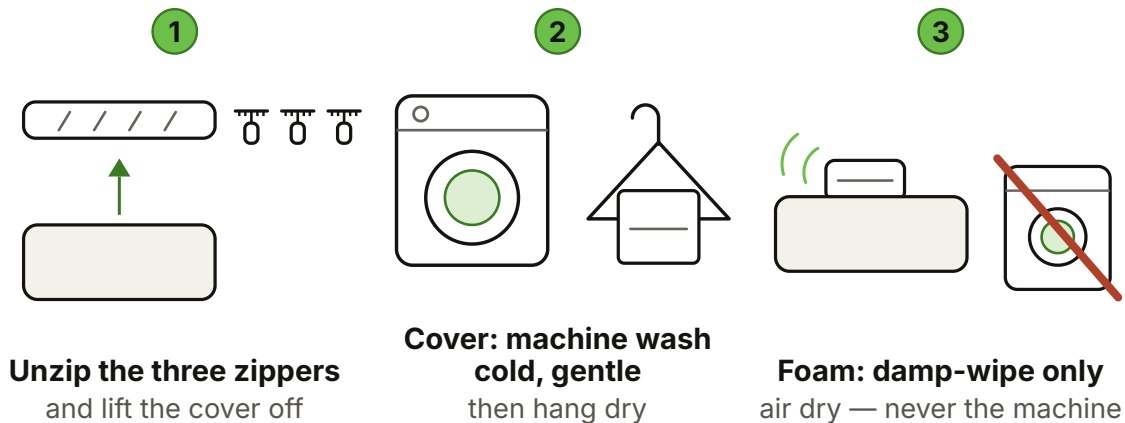
Dimensions	18.5 × 14.5 × 2.5 in (W×D×H)
Weight	~2.5 lb
Recommended user weight	110–295 lb
Core	Firm high-density memory foam
Surface	Breathable 3D spacer mesh
Cover	Removable — unzip the three zippers; machine washable
Color	Gray/Black



Check your fit in 60 seconds. Sit on a piece of corrugated cardboard on a hard bench for about 30 seconds, stand, and measure between the centers of the two dents. The openings are 3.5" wide, set 6" apart center to center — a good fit for sit-bone widths of roughly **3.6"–6.7"** (most adults land between 4" and 6").

Where to use it: office and desk chairs; dining and side chairs; firmer home seating; and cars — the low profile and carry handle move between all of them. Very soft sofas reduce the effect.

4 · CARE & CLEANING



Cover: unzip the three zippers and remove. Machine wash cold on gentle, or hand wash. Hang dry — no tumble dryer, no iron.

Foam core: never machine wash or soak. Wipe with a damp, well-wrung cloth and let it air dry completely before re-covering. Store dry, ventilated, away from sharp objects and direct heat.

5 · SAFETY & SUITABILITY

The Socket Seat is intended for ergonomic comfort. It is **not a medical device** and is not intended to diagnose, treat, cure, or prevent any condition. If you have a medical condition, are pregnant, or have post-surgical needs, talk with your doctor or therapist before use. Discontinue use and consult a professional if you experience pain, numbness, or tingling.

6 · TRIAL, WARRANTY & SUPPORT

100-DAY TRIAL

Use it in real life for up to 100 days. If it is not right for you, a full refund or a free replacement — your choice. Warranty support covers manufacturing defects with proof of purchase — a covered defect is replaced at no charge, without using your one \$20 lifetime replacement. Returns inside the trial: through Amazon in the first 30 days, through us after that, and **one replacement is available for \$20 for the lifetime of the product** — whether your cushion is one year old or six.

Questions, fit help, or a warranty claim? Reach us through your Amazon order: **Your Orders → Get product support / Contact seller**. A real person reads it.